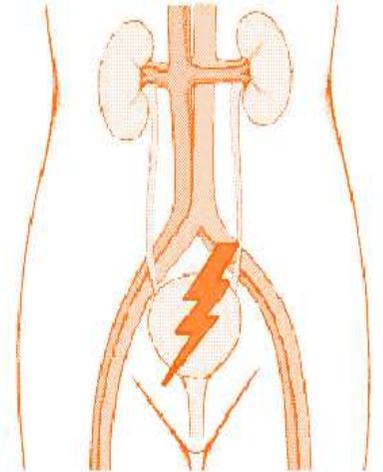


## RECOMENDATIONS

for patients treated with  
bladder instillation of  
**MITOMYCIN** and /or **BCG**



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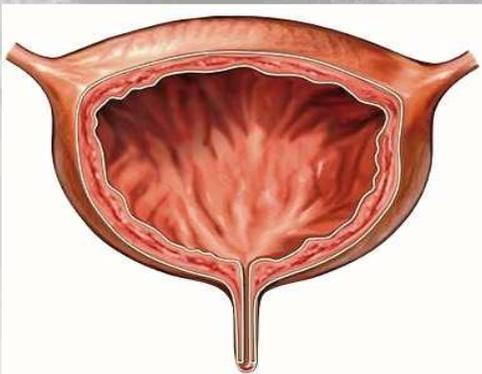
## What is bladder instillation ?

It is a procedure that consist of drugs introducing into the bladder through a small catheter. This tube will be removed after administering the drug

Why are these drugs administered or instilled into the bladder ?

**Mitomycin:**( intravesical chemotherapy ) is administered after TUR ( transurethral resection ) to prevent recurrent bladder tumors or to prevent the progression of their disease.

**BCG :** ( intravesical immunotherapy) is used for treatment of superficial bladder tumors and high-grade bladder carcinoma in situ to try to reduce relapses and disease progression.



## Treatment with MITOMYCIN

The normal pattern of administration is four doses administered once a week and another 4 once a month, for a total of 8 doses.

- Once you start, the medication should be kept in the bladder for 1.5-2 hours.

For the 6 hours following instillation, the urine must be neutralized with lye equally for disposal. During this time, the patient must urinate at home and sitting on the toilet to avoid splashing.



Possible side effects are: discomfort when urinating, frequent urination, blood in the urine.

You should drink plenty of water after treatment so that the medication is eliminated.

- The patient will take preventive antibiotic treatment because of urethral manipulation, you should take one norfloxacin tablet every 12 hours for two days.

- In case you cannot attend the follow-up appointment you should contact the surgery on [951976820](tel:951976820)

## BCG treatment

The normal administration pattern , is 6 doses which are administered across 6 consecutive weeks. (once a week )

- The medication should be kept in the bladder for 1.5-2 hours.

- For 6 hours following the instillation, the urine must be neutralized with lye equally for disposal. During this time, the patient must urinate at home and sitting on the toilet to avoid splashing

- Throughout the period of treatment it is recommended to use a condom.

- Possible side effects are: discomfort when urinating, frequent urination, blood in the urine and increased body temperature (fever)

- If the temperature persists at 38°C or higher for more than 24 hours, you should get in touch with the urology department.



- You should drink plenty of water once the treatment has finished.

- In case you cannot attend the follow-up appointment you should contact the surgery on [951976820](tel:951976820)