**RECOMMENDATIONS:**

- You can be accompanied by a family member 24 hours a day.
- During the visit period, you may be accompanied by two family members in the room.
- Visiting hours are from 13 H to 21 H.
- The medical information will be made in the morning, in the information room of the unit.
- It is not advisable to visit children and pregnant women.
- Smoking is prohibited in the hospital dependencies.

**Religious Services:** You can request the visit of your religious minister.

**Interpreters:** The Hospital has a team of volunteer interpreters.

**TV and Telephone:** These services need a card to buy, there are vending machines next to the elevators and on the ground floor.

"YOUR OPINION MATTERS US"

There is a book of suggestions or claims at your disposal, we would also like to know your opinion, we invite you to carry out the satisfaction survey on discharge available on your room television monitor.

Our contact telephones are Tfns 951976669 - 951976670 - info@hcs.es

Carretera Nacional 340, Km 187
29600 Marbella (Málaga)
www.hcs.es
WELCOME !!

Welcome you and your family to the Traumatology Unit of the Costa del Sol Hospital. This informative triptych aims to guide you through your journey through the unit, resolve any doubts that may arise and offer our support and collaboration. The unit UH 2300, is located in the 2nd floor of the hospital, near the surgical block.

In our unit will be attended directly by nurses and nursing assistants with great experience in patient care, as well as by specialists in Traumatology who will try to improve their problem. The unit is organized to guarantee its recovery and improvement.

Our schedules are:
Plant pass: after 10 o'clock
Medical information: 13.00h to 13.30h

Meal Schedule
• Breakfast: .9.00 - 9.30h
• Lunch: 13.0h to 14.30h
• Snack: 17.00 a 17.30h
• Dinner: 9:00 p.m. to 10:00 p.m.

When you reach the UH 2300 unit and once in the room:
1. You will meet the nursing staff who will take care of you. The staff will go perfectly identified you through a card that he wears in his uniform.
2. To improve security, you will be wearing an identification bracelet with your personal information that you must carry until the day of discharge.
3. On the bedside table you will find everything you need for your personal hygiene as well as information you should know during your hospitalization.
4. To locate the health personnel, you can use the bell you will find in the head board of the bed. In case of emergencies use the bathroom doorbell.
5. During your stay we explain what your treatment consists of, how you can collaborate in your prompt recovery and what procedures to carry out in order to discharge.

OBJECTIVES:
• Inform about the general rules of the unit
• Provide personalized information to you and your family
• Collaborate so that the patient, family and nurses relationship is adequate
• Integrate family members in the activities for a good evolution of the patient
• Offer education to the family on hygiene and patient care

!!!OUR PORTFOLIO SERVICES!!

Fractures of upper extremity, lower limb, pelvis, acetabulum and spine
Joint prosthetic surgery, including complex revisions
Complex arthroscopic joint surgery
Degenerative pathology of the spine
Tumor pathology
Polytrauma