

CENTRAL CATHETER CURES

Mask for patients and nurses.

Handwashing.

After removing the bandage use sterile gloves.

Inspection of the catheter exit site (if exudate or redness, take a sample).

Sterile gloves.

Cleansing and local disinfection with chlorhexidine.

Sterile gloves changing and isolation of the catheter with sterile cloth.

Aspiration of heparin from the catheter sealing.

Check input and output catheter patency with a syringe.

Flush with 10 cc of saline.

Flush again with heparin 1% depending on the length of each catheter.

Placing caps.

Make the bandage.

Chronic patients in Hemodialysis must have the knowledge about their vascular Access selfcare and indications or advices that can be useful for them.

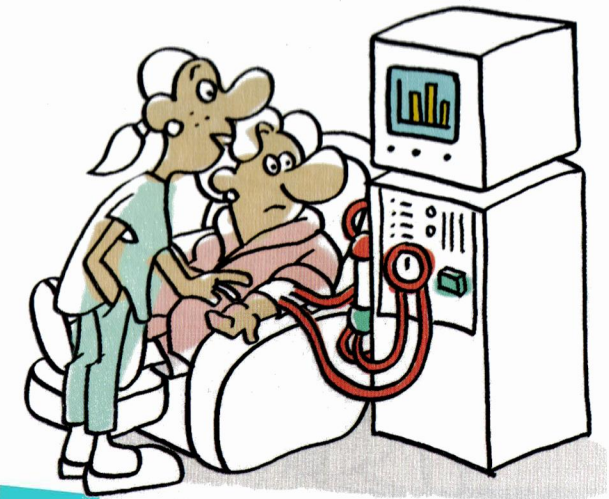
If any doubt don't hesitate to contact us on 978779.



Hospital Costa del Sol
Autovía A7, Km 187
29603 Marbella (Málaga)
Telf: 951976669-951976670
www.hcs.es



HOSPITALIZED RENAL PATIENTS



Vascular Access Cares



Hemodialysis Unit
Empresa Pública Hospital Costa del Sol
CONSEJERÍA DE SALUD

¿Why the Vascular Access care is so important?

Vascular access depends directly on the quality of treatment and therefore in the quality of life.

¿Who are we?

We are the nursing team unit of the Costa del Sol Hospital.

¿Why that team is created for?

To ensure continuity of care for vascular access in hemodialysis on the different areas of hospitalization.

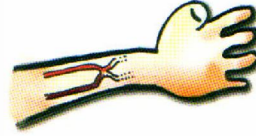
¿What are our objectives?

- To facilitate health team the care of our patients.
- To encourage an effective communication between Hospital units and hemodialysis unit.
- To inform about the management and cares of a central catheter and arteriovenous fistula.



FAVI

Anastomosis between an artery and a vein in order to obtain a dilated vein strong enough to be punctured by us to get the sufficient flow we need.



Immediate postoperative care

- Maintain high the arm.
- Look after infection signs or bleeding.
- Check blow or thrill.

General Cares

- Be familiar with FAVI and feeling the thrill.
- Maintain clean the arm.
- Avoid bangs on the FAVI.
- Apply lotion to keep the skin hydrated.

PRECAUTIONS

- Blood samples always in the other arm.
- Blood pressure measurements always in the other arm.
- Don't use that vein for drips or intravenous medication.
- If the FAVI bleeds when finish dialysis don't make a compressive dressing but gentle pressure with your finger on your FAVI.
- The disappearance of thrill it will be a reason of urgent consultation as well as pain or edema.

CENTRAL CATHETER

PERMANENT: Is introduced through the internal jugular vein into the right atrium by surgical technique and under local anesthesia.

TEMPORAL: Is only used for an urgent situation and is taken through the subclavian or femoral vein.

Preoperative cares

- Cleaning and disinfection of the skin.
- Anticoagulant suspension one week before the operation.
- Prophylactic antibiotics if needed.
- Raised bed 35°- 45°.
- Hospitalization if needed.

Postoperative cares

- Look after bleeding.
- Maintain dry dressing and local application of cold.
- Cures according to protocol.
- Don't remove stitches until 20-30 days before operations.

General cares

- Maximun hygiene by the patient.
- Change the dressing if gets wet.